Ancestral Memory Personality Type

Put a number between 1-10 (10 is high) against each statement/question based on how you perceive yourself and your traits. That’s it! Send it back to me at amanda@amandarowehypno.co.uk and I can send you a bespoke overview of results 😊

How determined / dogmatic are you?

How easily can you speak your mind?

How shrewd or cynical are you?

How argumentative can you be?

How adaptable / indecisive can you be?

How important is it for you to be liked?

How reliable or over-trusting can you be?

How easy going are you?

How inspiring / over dramatic are you?

How easily can you shrug off or ignore criticism?

How spontaneous or compulsive can you be?

How impatient can you be?

Amanda